



OTAKAR KRAUS MUSIC TRUST

ANNUAL REPORT 2017



Registered Charity No 1009797



Supported by

BBC

Children
in Need

© BBC 2007 Reg. charity no.802052



REPORT OF THE TRUSTEES FOR THE YEAR ENDING 2017 OVERVIEW & CHAIRMAN'S REPORT

On behalf of the trustees of the Otakar Kraus Music Trust, it gives me great pleasure to provide you with an update of the activities and well-being of OKMT for 2017.

After celebrating our 25th anniversary in 2016, 2017 was another productive year for OKMT. Our founder, and now Patron, Margaret Lobo was chosen and honoured by The Independent to be one of the 50 people on its Happy List, which celebrates inspirational people doing extraordinary things for others with no thought to personal gain to make Britain a happier place to live in. Congratulations to Margaret for continuing to have such a meaningful impact on those in need.

With a heavy heart, we are sad to report that Margaret's husband and former Trustee, Walter Lobo passed away at the beginning of 2018. Both she and Walter had decided to take a step back from OKMT at the end of 2017 by resigning as trustees of OKMT. Margaret remains involved with OKMT as a Patron and our General Manager, Clare Lawrence, has taken over the role of Director.

Despite what some might characterise as a difficult funding environment, the Trust continues to successfully deliver its various forms of music therapy to those in need. Our success is due to the hard work and dedication of the management team, therapists, staff, volunteers and supporters of the Trust and its mission.

The Trust remains focused on delivering cost effective innovative music therapy programs to the greater Southwest London community through schools and community groups in addition to through its purpose-built studio in the garden of Walter and Margaret Lobo's house.

Children with additional needs have always been at the core of OKMT. Music School, which is for children and young people with additional needs to develop their musical talent and self confidence, continues to grow and thrive, with further demand and an extensive waiting list. Some children go on to receive music qualifications which gives them great self-confidence and belief in themselves. Music Club focuses on younger children allowing them to explore music in a group setting. Additional programs include therapy sessions provided to adults and the elderly in residential care homes, and a community choir in collaboration with local charity RUILS.

The Trust's most immediate and critical need is to find a permanent home for its staff and therapists in the greater Borough of Richmond community. Securing a suitable facility for the Trust is the main focus of the Board.

On behalf of the trustees we would like to thank all of the supporters, donors, volunteers, staff, therapists and last but not least Walter and Margaret Lobo for all of their support and hard work in supporting the Trust and making 2017 another successful year.

Ron Miao
Chairman



OKMT ACTIVITIES DURING 2017

The Otakar Kraus Music Trust (OKMT) Trust is an independent, registered charity founded in 1991 by Dr Margaret Lobo. Its aim is to provide subsidised music therapy for people of all ages who have physical, psychological, behavioural or emotional difficulties, in order to improve their well-being and quality of life through creative and participatory music making, enabling them to reach their potential. Music therapy has been proven to aid in the development of language, communication, behavioural, social and cognitive skills.

OKMT works from a purpose-built music therapy studio in Twickenham, South West London and at outreach projects in the surrounding areas. Our seven music therapists hold a Masters' Degree in Music Therapy and are members of the BAMT (British Association for Music Therapy) and HCPC (Health Care Professional Council). In 2017, OKMT gave over 3,000 individual and group sessions for 280 clients. Therapy sessions were provided for children and adults at the OKMT Music Studio and for adults with disabilities and elderly people in care homes.

Innovative programmes were provided in schools and community groups for children with additional needs. We ran groups to help young people with mental health problems, adults who have had a stroke and elderly people with memory problems. A new choir for children of all abilities was launched.

“Being part of an OK Music School concert is really a very special feeling. To see what children with special needs are capable of is brilliant and should be celebrated!”

OKMT provided music therapy in the following Care Homes and Schools in 2017:

United Response; London Care Partnership Ltd; Consensus – Caring Homes Group; Stanmore, part of Harrow Project; ARRC & Rye Community Primary School; Pield Heath RC School; Jack Tizard School.

The Trust provides bursaries for its clients who cannot afford its services. It relies solely on organisations and individuals which provide charitable funding and donations as no state funding is received. Fundraising events are held throughout the year.

PROJECTS

OK Music School

The school which is run throughout the academic school year, aims to develop the musical talent of children and young people with additional needs. It continues to grow with 50 children attending in 2017 at the Music Studio and two other venues with the help of funding from Hampton Fuel Allotment Charity, Global's Make Some Noise, ArtSocial Foundation, The Radcliffe Trust and Richmond Parish Lands Charity. Pupils are taught using the Improvisation Rhythm Performance (IRP) Technique, devised by our Music Director, using pictures and simple instructions to help children with cognitive difficulties to understand the basic principles of music making.

Younger pupils performed in our summer concert and over 30 more experienced pupils performed solos, in small groups, or as part of our mini-orchestra in our Christmas concert filled with music, singing and joy. Four pupils passed Royal School of Music exams in 2017. Thanks to the Jack Petchey Bronze award money, we were delighted to produce school bags for the students to enable them to carry their sheet music and material. These matched the yellow T-shirts from the previous year's award money.



Music Club

In collaboration with Me too & Co in East Twickenham, Music Club continues with funding from BBC Children in Need. These are group sessions for children aged 4 months to 12 years with disabilities and their siblings, using percussion, musical instruments and multi-sensory equipment to encourage creativity and develop their listening and communication skills.



“It has helped us realise the impact that music can have in our daily lives”



A Neurological Group

This group for eight people who had experienced a stroke was funded by XL Catlin during 2017. Our feedback found improvements in breathing, flow and volume of speech and word production. Some began to sing well, although they were not talking. Clients also reported improvements in concentration, and physical co-ordination, and that they felt less depressed and isolated and more confident, and really enjoyed being in the group.

Philip Wells Interactive Poetry Workshops

These workshops were held throughout the year, funded by Care UK Wellbeing Foundation. Summer sessions along with **Drumming Workshops**, funded by BBC Children in Need, provided much needed holiday activities for children with additional needs.

OK Music Group

Thanks to funding from Hounslow Community Grant and Heathrow Community Fund, OK Music Groups continued in Isleworth and Ealing in collaboration with the West London Mental Health & Early Intervention in Psychosis team. The young people from the OK Music Groups have already made a DVD and performed with the Music School at the Christmas Concerts. Some of them have gone on to find work and go back to college.

“Music has increased my confidence and social interaction with others”



The Activity Station

Drumming workshops for adults with learning disabilities were held on a Sunday each month, led by Edison Carolino, and were fully subscribed.

OK Youth Choir

Another Jack Petchey Leadership award went towards the creation of a Youth Choir comprising two groups of children and young people with additional needs and their siblings. The Pilot project was so successful, that further funding was found from the D'Oyle Carte Charitable Trust to enable the work to continue in 2018.



A Music Therapy Group for Elderly People

For those with memory problems the Music Therapy Group was run in partnership with Homelink Day Care Respite Centre thanks to funding from Hampton Fuel Allotment Charity. Eighteen clients in small groups shared memories evoked by familiar music, reminiscing about things from their past, and enjoyed playing on percussion instruments. The groups continue into 2018 thanks to the positive feedback and further funding from HFAC.



“The sessions lift their mood and bring a sense of companionship and belonging”



We are very grateful to **Newland House School** in Twickenham who chose OKMT as their charity of the year. Through various activities held during the year, they raised £3,000 for OKMT.

A Jazz Summer Funday was held at Imber Court in East Molesey on June 16th as a fundraising event for the Trust. With the invaluable help of Lesley Christiane, the event was arranged around the performance of Music School students, The Go Local Community Choir and The Kelvin Christiane Allstar Sextet. A barbeque and significant raffle contributed to a very successful afternoon. The final total raised was £1200.

The GoLocal Choir received another award at the **Richmond Choirfest** in November. This time it was for best Performance of a Popular Song which was “What a Wonderful World”. The Choir leader, Dr Margaret Lobo received the award from the deputy Mayor.

The Christmas concert in December was held at the Hammond Theatre, Hampton School. The OKMT Music School, GoLocal Community Choir and OK Youth Choirs all took part in the wonderful atmosphere of the theatre.

The Jack Petchey Bronze awards were given out to three of the students during the interval. The concert ended with a resounding round of Jingle Bells to everyone's delight. The proceeds from the night-entry and raffle raised a brilliant £560!



EVENTS IN 2017

The annual **Hands Charity Fair** took place in May on Twickenham Green - an OKMT stall was manned by staff and volunteers. Our OKMT patron, Dr Vincent Cable, came to wish us well. A wonderful total of £432 was raised.

The OKMT & GoLocal Choir held a **Summer Fayre** at the United Reformed Church in Twickenham in mid-June to raise funds for a keyboard for the choir.

The younger members of Music School performed at the **Summer Party** at the United Reformed Church in Twickenham on July 1st. This is an event for new and emerging students to show their progress and to enjoy performing in public. The after party and disco were a resounding success.

In November, an OKMT student was invited by BBC Children in Need to perform with the BBC Symphony Orchestra and other performers from their supported charities. Kamarra from the Music School played “Somewhere over the Rainbow” on her violin for a Radio 3 programme that was aired the following day. She was very confident and performed extremely well.



Summary Financial Review - 2017

The following financial information has been extracted from the signed full accounts for the year ending 31st December 2017, which are available on our website. These are filed as part of our Annual Return to the Charity Commission.

We are preparing to convert to a CIO in the near future and have adapted our accounting policies to recognise full accrual reporting in line with recommended accounting standards (SORP FRS102).

OKMT had another successful year in 2017, albeit with Income from Donations returning to more normal levels after the 25th year celebrations in 2016.

Future Plans

Reserves at the end of 2017 are healthy and cover up to six months of current operations. The outlook for 2018 in terms of charitable activities is supported by a full programme of restricted funding applications and grants.

However, we are conscious that in the current climate and with the need to find a permanent Studio facility in the future, OKMT will need to work consistently hard to fund core operations costs.

OKMT	Statement of Financial Activities 2017			
Incoming resources				
Income - How OKMT raises funds				
	Unrestricted funds £	Restricted income funds £	Total funds 2017 £	Prior year funds 2016 £
Donations, community fundraising & legacies	33,986	1,027	35,013	79,325
Gift Aid	2,416	-	2,416	4,050
Grants - Net Received	-	105,672	105,672	119,518**
Charitable activities- Music Therapy Fee Contributions	84,680	-	84,680	91,633
Other trading activities - IRP Workshop	1,150	-	1,150	1,900
Investments	77	2	79	198
Other	-	-	-	-
Total Income	122,309	106,701	229,010	296,624
Resources expended				
Expenditure - How OKMT spends funds raised				
Fund raising				
Raising Funds - Agency Fundraiser Commission	2,525	-	2,525	2,911
Raising funds - OKMT Marketing	6,292	-	6,292	5,445
Raising funds - OKMT Fundraising	4,495	4,854	9,349	9,500
Total expenditure on Raising Funds	13,312	4,854	18,166	17,856
Direct Charitable Activities				
Professional Music Therapist Fees & expenses	63,284	75,925	139,209	140,630
Training & Workshops	-	2,550	2,550	4,769
Musical Equipment	239	1,598	1,837	8,550
Premises Hire - OKMT Outreach Projects	-	2,430	2,430	2,388
Bursary Fees and Provisions	3,056	-	3,056	-
Just Giving Fee	216	-	216	204
Event, Printing & Reproduction	1,533	-	1,533	1,552
Studio Maintenance	563	-	563	4,726
Total expenditure on Charitable Activities	68,891	82,503	151,394	162,819
Supporting Charitable Activities				
OKMT Director	13,314	10,000	23,314	18,991
Administration	13,454	6,054	19,508	18,733
Office Expenses & Equipment	1,127	-	1,127	1,592
Accounting - Outsourced Bureau	5,069	-	5,069	3,753
Studio Utilities	3,130	-	3,130	2,436
Insurances	880	-	880	856
Pension Plan - Auto-Enrolment setup fee	360	-	360	-
Other Expenses	599	-	599	688
Total expenditure on Supporting Charitable Activities	37,933	16,054	53,987	47,049
Total expenditure	120,136	103,411	223,547	227,724
Net income for the Year	2,173	3,290	5,463	68,900
Change in Accounting Policy - Prepaid Grants to 2017				-28,500**
Restated 2016 Net Surplus				40,400

Net Grants Received

	2017 Full Year £
ArtSocial Foundation	13,760
BBC Children in Need	11,044
Global Charities	11,700
Hampton Fuel Allotment Charity	12,000
Heathrow Community Fund	7,448
HFAC (for Homelink)	4,600
London Borough of Hounslow Community Grant	8,480
Private Grant	1,000
The Women's India Association	2,000
XL Catlin	5,140
Global Charities **	12,500
HFAC (for Homelink) **	1,500
Richmond Parish Lands Charity **	10,000
The Radcliffe Trust **	4,500

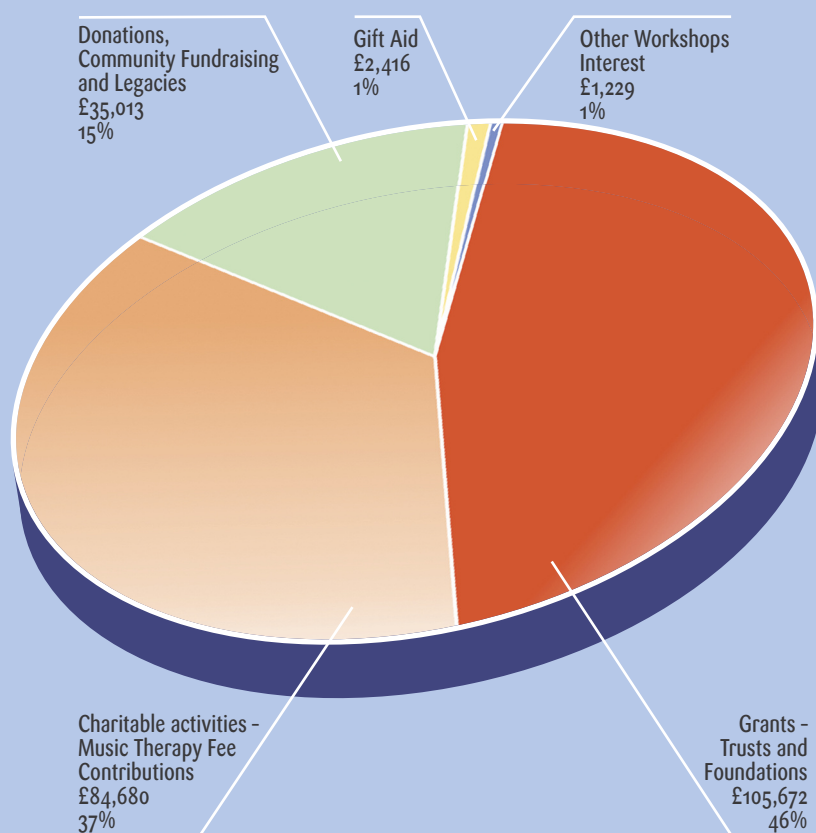
Grants - Total 2017 **105,672**

** Grants Brought Forward from 2016 per Restated Accounts Policies per SORP Accruals Accounting

New Restricted Grants Received in Q4 2017 for 2018 Projects

	£
D'Oyly Carte Charitable Trust	3,000
The Garfield Weston Foundation	7,000
Promenaders' Musical Charities	19,310
Richmond Parish Lands Charity	5,560
Richmond Parish Lands Charity - Core Funding	10,000
St James's Place Foundation	8,100
Total	52,970

OKMT - Sources of Income - 2017



OKMT

Balance Sheet 2017

Current Assets

	Unrestricted funds £	Restricted income funds £	Total this year 2017 £	Total last year 2016 £
Debtors	10,502	-	10,502	12,298
Cash at bank and in hand	41,617	130,206	171,823	146,055
Total current assets	52,119	130,206	182,325	158,353

Creditors

amounts falling due within one year (includes £52,970 Prepaid Grants 2018 v restated +£28,500 in 2016 for 2017)	9,526	52,970	62,496	35,528
Net current assets	42,593	77,236	119,829	122,825
Total net assets or liabilities	42,593	77,236	119,829	122,825

Funds of the Charity

Restricted income funds		77,236	77,236	82,405
Unrestricted funds	42,593		42,593	40,420
Total funds	42,593	77,236	119,829	122,825

THE MUSIC THERAPY TRUST (INDIA)

OKMT has two sister charities in India and Nepal, **The Music Therapy Trusts (TMTT)**, set up by Dr Margaret Lobo, to introduce clinical music therapy to India and Nepal.

In 2017-18, three MA music therapists sent from the UK worked for TMTT at **Continua Kids** in Delhi - the first Centre of its kind in India to provide multi-disciplinary services for children with special needs - and at other **NGOs** for disabled or disadvantaged children and adults.



Workshops

During visits to India by Dr Lobo in 2017, she and the three therapists ran a workshop on Communication and how Music affects the Brain. This workshop is beneficial for those interested in learning more about music therapy and its remarkable ability to enhance communication, language and social interaction for a wide range of people, including children with autism and elderly people with dementia.

They also ran a workshop on Music Therapy and Movement. Movement is a natural part of music and used in music therapy sessions; from nursery rhymes reinforced by simple gestures, to palliative care where the therapist may follow the rhythm of someone's breath to connect and interact.



Post Graduate Diploma

The next Postgraduate Diploma in Music Therapy will take place at the TMTT Academy in Delhi in autumn 2018, training Indian and Nepalese musicians to be music therapists, with a Course Tutor sent from the UK and a course examiner from Anglia Ruskin University, Cambridge. The trainees will provide organisations with free music therapy. Once qualified they will work with NGOs in India helping those most in need.

The Music Therapy Trust Nepal

The Music Therapy Trust Nepal is now self-funding, with the three therapists trained at the TMTT Academy in Delhi providing individual and group music therapy sessions to schools and NGO's throughout Nepal on a freelance basis.

We would like to thank our sponsors in 2017:

- BBC Children in Need
- Hampton Fuel Allotment Charity
- Richmond Parish Lands Charity
- Global Charities
- ArtSocial Foundation
- Hounslow Community Grant
- Heathrow Community Fund
- The Radcliffe Trust
- Jack Petchey Foundation
MS Bronze Award & Leadership Award for the Youth Choir
- XL Catlin
- The Women's India Association
- The Stephen Clark Charitable Trust
- Newland House School
- Waitrose
- Remo Grasso - The Flora Grasso Scholarship
- Nordic Entertainment Group

Trustees Serving during 2017 were:

Ron Miao
Chair

Walter Lobo
Treasurer (resigned)

Margaret Lobo
Director (resigned)

John Grosse

Edward Boamah

Jill Clark

Laura Clayton

Rose Conway

Katherine Goss (resigned)

Ray Collins
(appointed Treasurer December 2017)

