



# ANNUAL REPORT 2014



Otakar Kraus Music Trust  
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Registered Charity No 1009797

## **CHAIRMAN'S REPORT – John Grosse (January 2014 to December 2014)**

*Time marches on and 2014 was another extremely busy year for the Trust. Again this included ground-breaking developments into new MT territory, all made possible by the commitment of the inventive therapist team that Margaret so ably directs and manages.*

*More than two hundred clients were helped in over two thousand individual and group sessions at the Twickenham Studio and the Care Homes and Outreach Centres in which the Trust operates. Again it was a magnificent achievement and Margaret and her team are to be heartily congratulated. We must not forget that their efforts are enabled through the hard work and persistence of the very small administrative group and volunteers that diligently handle the paper work and expend huge efforts in compiling applications and arranging events that raise the necessary funds.*

*Apart from the private and intense clinical therapy with individual clients, often children with severe difficulties, many more young and older people are helped through work with groups, thus providing more opportunities to enable social interaction and development. The healing power of music is reaching an even wider circle and over longer periods, through the groups involving parents and friends and now, through a local community choir.*

*Margaret has always sought to extend the Trust's work to those whose lives are made more difficult through trauma, disability, stress and physical or mental sickness, and when reading later about the activities of the specific projects we can see that the boundaries have now been extended a little further. This is especially manifested through Margaret and Deborah's work in creating the GoLocal Community Choir. Supporting the Richmond 'GoLocal' marque, it started with excellent feedback and promises a lively future. Well done, Margaret and Deborah!*

*Receiving no State support, we can never thank enough the grant giving bodies, companies and individuals who generously donate the funds that enables the Trust to operate. Listed later are the names of those that allow us to mention them but, whether listed or not, all should know that we are eternally grateful for their support, especially those that give extended and repeated grants.*

*In July we were thrilled that Vince Cable agreed to become Patron. Dr Cable has been a great supporter of the Trust from its beginning and we are honoured that he will now be associated so prominently. We were delighted to welcome as Trustee, Jill Clark, who brings much experience that will be invaluable to the Trust. Welcome too to our new Music Therapists, Amber and Elliot, your services will be much appreciated in contributing to the ever advancing work of the Trust.*

*After a rewarding few years as Chairman, basking in the glory of the great initiatives of Margaret and her team, I am delighted to hand over to the ever enthusiastic, Salim Laher, whom I know will be able to provide more effective leadership, especially with his business background and support from a vibrant Rotary Club. As a strong and supportive Trustee for many years he is steeped in the Trust's ethos and will serve the Trust well.*

*So well done everyone - Trustees, Margaret, staff team, volunteers and supporters all - for making this yet another year of great achievement. Onwards and upwards!*

*John Grosse – retiring Chairman*

## **Otakar Kraus Music Trust's Activities in 2014**

The Otakar Kraus Music Trust (OKMT) is a registered charity founded in 1991 by Dr Margaret Lobo. Its aim is to provide subsidised music therapy for people of all ages who have physical, psychological, behavioural and emotional difficulties, in order to improve their wellbeing and quality of life through creative and participatory music making, enabling them to reach their potential. Each year, OKMT helps over 200 people of all ages, from toddlers to the elderly, providing 2,000 individual and 300 group sessions in a purpose built music therapy studio in Twickenham, South West London or at outreach projects in the surrounding areas and Home Counties.

Our 7 music therapists all hold a Masters Degree in Music Therapy and are members of the BAMT (British Association for Music Therapy) and HCPC (Health Care Professional Council). Otakar Kraus operates a published health and safety policy and a child protection policy.

Innovative programmes are provided in schools and community groups with children with additional needs. A Music School has been created for children and young people with additional needs aged 5-25 to develop their musical talent. Therapy sessions are provided for adults and the elderly in residential care homes. Art therapy and other specific workshops are also offered. Besides a children's choir, there is also a choir for parents of children with additional needs.

The Trust provides bursaries for its clients who cannot afford its services, but does not receive any State funding. It relies on organisations which provide charitable funding and donations. It also holds self-funding events.

### **The Start Up of OK Youth Group**

Thanks to funding from the Royal Society of Arts, and in collaboration with the West London Mental Health Trust & Early Intervention in Psychosis team, a group of young people came together to start this project. The young people themselves came up with the idea of using music to benefit them therapeutically and help their recovery. Weekly sessions were held over a period of 20 weeks at the Studio, where they learned to play instruments and use their voices to eventually form a band and make a CD.

### **Other Projects:**

OKMT was approached by RUILS in July to work with them on their GoLocal projects in the Twickenham area. A drum circle was held with Together-as-One, a group of individuals with mental health needs who meet on a weekly basis at a local facility. RUILS also asked OKMT to begin with a Community Choir, which continues in Twickenham at the well-being centre.

Music Club continues to be supported by BBC Children in Need, helping around 70 children with additional needs.

### **Events in the Year (to raise funds and awareness)**

Hands Charity Fair in May – an OKMT stall was manned by staff and volunteers

The Rotary Club of Kew and Twickenham held a charity event at Fulwell Golf Club in June.

Richmond Expo Fair in June – an awareness event for the Trust

Mencap Disability Event in June in Teddington – Music school students performed

Summer Concert in July at United Reformed Church in Hampton – Music School, Youth Group and Parents choir performed to a standing ovation!

Christmas concert in December at St. James's Church in Hampton Hill. Music School Students' Choir, Youth Group and the Parents' Choir performed to a full house!

In 2014, OKMT gave 2778 individual and 602 group sessions, which included 208 clients at the OKMT Studio and the following Care Homes and Outreach Centres:

UNITED RESPONSE – [www.unitedresponse.org.uk](http://www.unitedresponse.org.uk)

LONDON CARE PARTNERSHIP LTD - [www.lcpcare.com](http://www.lcpcare.com)

CONSENSUS - CARING HOMES GROUP – [www.caringhomes.org](http://www.caringhomes.org)

STANMORE, part of Harrow Project.

ARRCC & RYE COMMUNITY PRIMARY SCHOOL – [www.arcc.org.uk](http://www.arcc.org.uk)

PIELD HEATH RC SCHOOL – [www.pieldheathschool.org.uk](http://www.pieldheathschool.org.uk)

JACK TIZARD – [www.itschool.squarespace.com](http://www.itschool.squarespace.com)

#### **We'd like to thank our sponsors in 2014:**

BBC Children in Need (Music Club project)  
The Rotary Clubs of Twickenham and Kew Gardens  
City Bridge Trust (Music School)  
Hampton Fuel Allotment Charity (Music School)  
The Stephen Clark Charitable Trust (Music School)  
Royal Society of Arts (OK Youth Group)

#### **Governance**

Otakar Kraus Music Trust is a registered charity governed by a constitution and managed by a Board of Trustees. The Trustees have developed services for the public benefit as per the guidance of the Charity Commission.

The Trustees serving during 2014 were:

John Grosse (Chairman)  
Walter Lobo (Treasurer)  
Margaret Lobo (Director)  
Salim Laher  
Edward Boamah  
Ron Miao  
Claire Robertson  
Susan Hamilton  
Jill Clark

OKMT also has 2 sister charities in India and Nepal, set up by Dr Margaret Lobo, to introduce clinical music therapy to these countries. Their reports for 2014 follow.

## **The Music Therapy Trust (India)**

Registered Charity No: E22876

### **Annual Report 2014**

Our 4<sup>th</sup> batch of the Post Graduate Diploma in Clinical Music Therapy completed their training in November 2014. TMTT are proud to see them develop and flourish in their abilities as clinical music therapist. They excelled in their clinical music therapy skills and knowledge and have been working in a variety of settings. They continue to be important members of TMTT and attend lectures and seminars from our volunteer **International** music therapists Ruth Oreschnick, Mike Hewitt. Karen Gold, Ian Grundy and our resident volunteer Course Tutor – Dr Lucy Bolger.

The 5<sup>th</sup> batch of our Post Graduate Diploma students - a very talented group of 7 students from various parts of India and 2 international students from Japan and Nepal started their training in January 2015.

The Rehabilitation Council of India set up a meeting at the end of December with Dr Lobo, Dr Bolger, Somesh Purey and the RCI Chairman Dr Sudesh Mukhopadhyay. The RCI have confirmed that TMTT has been given the status to provide music therapy training for special educators under their Continuing Rehabilitation Education (CRE) programme for professionals registered with them at their approved centres.

#### **The Flowering Tree**

Through the intervention of our Trustee, Mr. Chris Baskaran, the Trust was invited to partnership with the setting up of a music therapy clinic at “The Flowering Tree” pre-school in Gurgaon which caters for children with additional needs. The Director of the school, Pramila Sharma along with her very amicable staff has extended her full commitment to ensuring the project is a success. Though the sessions started at the beginning of February the formal inauguration of the centre took place on 12<sup>th</sup> February 2015 to mark an auspicious beginning of the TMTT with the presence of Director Dr Margaret Lobo. Music therapy is presently operating 4 hours every Thursday with Somesh Purey and in such a short period of time has received an exceptional response from in and around Gurgaon.

#### **Other Major Programmes done in 2014**

- Seminar organized by Head Injuries Organisation at Apollo Hospital given by Somesh.
- Pallavanjali – a teachers training program was conducted which was funded by a small grant from TATA. A total of 6 workshops comprising of 2 days each were given by Somesh.
- Coimbatore workshop on Music Therapy attended and performed by Somesh.
- Malayasia Teachers training workshop conducted by Somesh from 15<sup>th</sup> to 19<sup>th</sup> September in 2014.
- Dehradun Missouri workshop was given by Lucy and Somesh
- One day introductory parents workshop was conducted by Somesh at The Flowering Tree in Gurgaon.
- Societies for Spinal injuries, in Okhla – 2 day workshop on *Introduction to Music Therapy* was given by Somesh and students to staff and parents
- Special educator’s follow-up workshop conducted by Somesh in Junagadh and Surat in December.
- Drum circles conducted by Somesh for Corporates in India.

**The Music Therapy Trust Nepal**  
**Registered Charity No: 684**

**Annual Report 2014**

With the partnership of the Rotary Club of Kew Gardens and West Kathmandu our OKMT Chairman, Salim Laher helped us prepare and submit a global grant for Nepal in 2014 to:

1. Train the present team of the 3 qualified Nepalese music therapists to further develop their skills
2. Train a talented and much needed 4th Nepalese (female) musician to gain a music therapist qualification and join the TMTTN team
3. Run a programme to train special educators of the many associated NGO's on the principles and the benefits of using music therapy in their work and to further train the current team to continue this training programme and to widen their skills and scope.
4. To help to improve and advance (in partnership with other NGOs) in the provision of music therapy sessions for the disabled and disadvantaged people in Nepal in order to improve their well-being and quality of life, and improve their access to education and training.
5. We aim to help 200-250 people in the Kathmandu area of Nepal who are often unable to communicate and receive an education.

**Other News**

Verena Clemencic-Jones visited the team in Nepal and donated one laptop (apple) and her hospital in Australia has donated one Ipad for TMTTN. We are very grateful to her for her generosity.

Kedar and Amrit met with **Major Paul Norley, Director of Music UK, of the band of the Brigade of Gurkhas** in England, who has an autistic son and wants to help us in our work. They performed a musical event in Nepal where our therapists took a few of the autistic children & parents from ACN.

**TMTT Nepal Partner NGOs**

- 1. Autism Care Nepal, Kathmandu** - an organisation that provides support and information services for children with autism and their families. Two therapists provide individual and group sessions for 27 children aged 7-14.
- 2. Navajyoti – Baluwatar, Kathmandu** - a home for children with diverse health care conditions, including autism, ADHD, physical and mental disabilities. We provide individual and group sessions for 32 children.
- 3. Spinal Injury Rehabilitation Centre (SIRC) – Dhulikhel, Kavre** - works with spinal injury patients to provide rehabilitation, training and skills development. Two therapists offer individual and group sessions to 32 people.
- 4. Disabled New Life Center (DNC) – Kathmandu** - a Centre for children with physical disabilities, and those from situations of severe poverty, whose families are unable to provide the basics, or have deserted them. Individual or group sessions provided for 32 children.
- 5. SOS Children's Village – Jorpati** - supports children/adults with physical and intellectual disabilities and their families. 10 people ranging in age from 10-40 helped with therapeutic musical activities.
- 6. Early Rehabilitation Center (ERC) – Lalitpur** - an organisation committed to the care and welfare of visually disabled students and those with other physical disabilities. Music therapy provided for up to 30 children.
- 7. SHANTI SEWA GRIHA** - (NGO) that helps mainly leprosy affected people, poor, sick and, handicapped and orphans for free.

**OTAKAR KRAUS MUSIC TRUST**

**Registered Charity 1009797**

**FINANCIAL STATEMENTS**

**FOR THE YEAR TO 31<sup>ST</sup> DECEMBER 2014**



**OTAKAR KRAUS MUSIC TRUST**  
**Accounts at 31st December 2014**

**Income Received**

	<b>2014</b>			<b>2013</b>		
	<b>General</b>		<b>Total</b>	<b>General</b>		<b>Total</b>
	<b>Purpose</b>	<b>Restricted</b>		<b>Purpose</b>	<b>Restricted</b>	
Donations	5366		5366	15604		15604
Fundraising	1715		1715	1611		1611
Gift Aid	5784		5784	1566		1566
India Project	12881		12881	16152		16152
Fees - Therapy	88715		88715	92232		92232
Other Income	13300		13300	2750		2750
Interest Received	137		137	221		221
Grants		36324	36324		23105	23105
	127898	36324	164222	130136	23105	153241

**Expenses**

Administration	35739		35739	27872		27872
Therapist Fees	94538	30996	125534	79708	39964	119672
Fundraising	6381		6381	5481		5481
Equipment	1823	7610	9433	1730		1730
Office Expenses	324		324	2302		2302
Advertising	684		684	4169		4169
Rent & Maintenance	1636	1260	2896	3186		3186
	141125	39866	180991	124448	39964	164412

Surplus (deficit) for the period	-13227	-3542	-16769	5688	-16859	-11171
Balance at 1st January 2013	55849	34401	90250	50161	51260	101421
Accumulated Funds	42622	30859	73481	55849	34401	90250

**Balance Sheet**

**Current Assets**

Cash & Bank	66268	79567
Debtors	13962	16189
Accruals	-6749	-5506
Net Assets	73481	90250

**Represented By**

Restricted Funds	30858	32400
Other	42623	57850
Accumulated Funds	73481	90250

**Approved by the Board of Trustees on:**

Walter Lobo  
Honorary Treasurer

*Walter Lobo*

**Date** 20<sup>th</sup> July 2015

John Grosse  
Chairman

*John Grosse*



## Notes to the financial statements for the period to 31st. December 2014

### **1 ACCOUNTING POLICIES**

The Financial Statements are prepared under the historical cost convention. Income Tax recoverable is accounted for on the same basis as the income to which it relates.

<b>2 ADMINISTRATIVE COSTS</b>	<b>2014</b>	<b>2013</b>
Advertising	684	1,419
Postage and Sundry	324	2,302
Equipment	9433	1,730
Administration	35739	27,872
<b><u>TOTAL</u></b>	<b><u>46,180</u></b>	<b><u>33,323</u></b>

### **U.K. Projects:**

Balance B/fwd. 2014	34,400
Funds Received 2014	36,324
Funds spent on Fees	-39,866
Funds C/fwd. to 2014	<u>30,858</u>

### **GRANTS RECEIVED To DATE**

BBC Children in Need	9,174
Royal society of arts	2,500
City of London	14,150
Clarks	7,500
Goldsmiths	3,000
<b><u>TOTAL</u></b>	<b><u>36,324</u></b>

### **Independent Examiner's Report for the period ended 3st. December 2014**

Under section 43 of the Charities Act 1993 and in accordance with any directions given by the Commissioners under subsection (7) (b) of that section which are applicable:

I have carried out the procedure specified and confirm that none of the matters listed as requiring to be reported on if they apply need to be reported on in this instance. I also confirm that no matters have come to my attention in connection with the examination, which gives me reasonable cause to believe that in any material respect:

- i. Accounting records have not been kept in respect of the charity in accordance with S.41 of the 1993 act; or
- ii. The accounts do not accord with these records; or
- iii. The statement of accounts does not comply with the requirements specified in paragraph 1 of Part III of Sch. 1 to the Regulations to the 1993 Act.

T.H. Graves FCA *T.H. Graves* Independent Examiner to OKMT

*20th July 2015*