

COSTS EXPLAINED

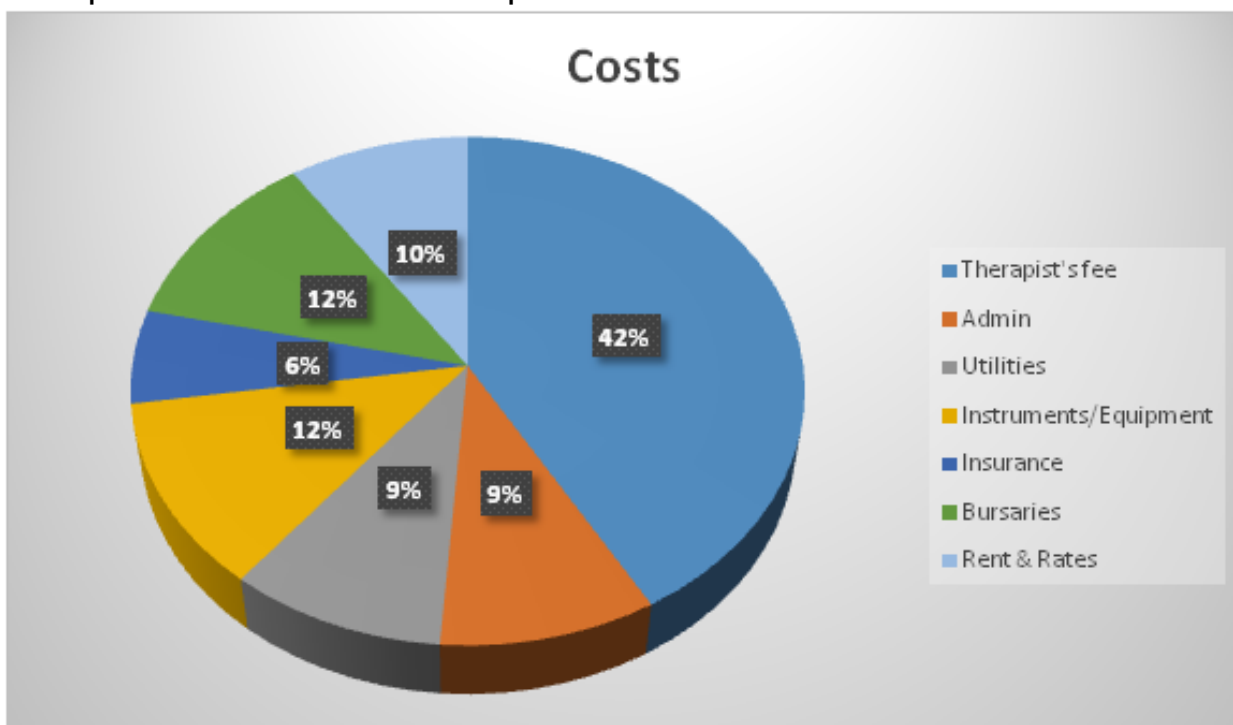
HOW MUCH DOES MUSIC THERAPY COST?

We thought you might be interested to know what the session fee covers and what it doesn't! It is not just for the tuition fee but covers other hidden costs too which are explained below. Costs are based on the British Association of Music Therapists (BAMT) national pay scales for Music Therapists and also take into account associated costs.

YOUR INITIAL CONSULTATION AT OKMT

We charge the standard rate for an initial consultation as we still have to pay the therapist. Most organisations charge a lot more for consultations but we have not done this as we are aware of the financial pressures already on the parents. Each individual music therapy session is charged by the hour which includes 30 minutes of actual therapy session time. The remaining 30 minutes covers the preparation work by the therapist prior to the session followed by a review and evaluation together with confidential note writing so that the therapist can provide the client or the client's carer with a detailed assessment and report.

The overall cost of the session factors in hidden costs including insurance, administration expenses, utilities (heating, lighting, and electricity), rent, cost of instruments & equipment, recording and editing of sessions and additional therapist contact time with the parent/carer.



The cost of music therapy is higher than fees for recreational activities, such as music lessons, sport or art classes etc. This is because the music therapist has undergone a two year Master's degree in a highly specialised, clinical field. Each therapist has their own liability insurance coverage, is registered with the Health and Care Professional Council (HCPC) and upholds its Standards of Conduct, Performance and Ethics supported by the Guide to Professional Practice which is produced by the British Association of Music Therapists (BAMT).

ASSISTANCE WITH FEES

Our policy is that we never turn anyone away and provide bursaries for some of the cost to families where financial hardship may prevent someone from accessing music therapy. We will always endeavour to explore funding sources such as external grant-making bodies which may help cover fees. A number of our projects are provided free of charge with costs covered by money raised by the Trust.

The Trust is self-funding and relies on charitable donations to support its work. We continue to welcome your help and recommendations.

Please do contact us if you wish to discuss this or any other matter at:info@okmtrust.co.uk or call 07435 062212.