



THE OTAKAR KRAUS MUSIC TRUST

Registered Charity No 1178401

ANNUAL REPORT 2019



ANNUALISED REPORT OF THE TRUSTEES FOR 2019

On behalf of the trustees of The Otakar Kraus Music Trust, it gives me great pleasure to provide you with an update of the activities and well-being of OKMT for 2019. OKMT legally transformed into Charitable Incorporated Organisation (CIO) status on 1st May 2019 with new charity number 1178401, and with all assets of the Trust being transferred to the new CIO. This report covers the last four months of the Trust and first eight months of the CIO and includes a combination of the two sets of accounts for easy comparison with 2018. Despite the many challenges OKMT faced in 2019, the year was very successful. OKMT continues to do what it does best, delivering music and music therapy to those in need, delivering hope, increasing confidence, and putting a smile on the faces of its clients and their loved ones.

Our biggest challenge during the year was our move from our music studio at 3 Twining Avenue in October. Our Founder and Patron, Dr Margaret Lobo, decided to move on from her beloved home and as a result we lost our music studio. Thanks to our Director, Clare Lawrence and the whole team, we were able to relocate our main activities to Hanworth Methodist Church and continue our services without missing a beat. We are very grateful to Hanworth Methodist Church and the other local venues where we provide our work, in particular Newland House School, for their generous support over the year.

Unfortunately, the recent Covid-19 pandemic has highlighted the need to find our own dedicated space. While OKMT successfully moved some of its sessions to online delivery during the lockdown, this is not suitable for all our clients. The need for a safe environment which OKMT can control and manage is the highest priority for OKMT and the Trustees. We continue to seek a viable easily accessible property within the community to be able to deliver our services for the benefit of our clients, staff and therapists. Currently the delivery of our services remains subject to the willingness of our partners permitting us access to their sites and creates logistical challenges for therapists, staff and clients.

In 2019 we were delighted to be selected by the Mayor of Richmond, Councillor Nancy Baldwin, to be one of her two chosen charities during her Mayoral year. Many events were held throughout the Borough and we are ever grateful for all the work she has done in supporting and promoting OKMT.

Children with additional needs have always been at the core of OKMT. OK Music School which is for children and young people with additional needs to develop their musical talent and self-confidence, continues to thrive, with an extensive waiting list. Music Club focuses on our younger children allowing them to explore music in a group setting. The highlight for our students is the Summer and Winter Concerts in which they perform and are able to demonstrate their talents to the community.

We are extremely proud of all our students.

OKMT in 2019

- ◆ 3000+ music sessions
- ◆ 303 clients with additional needs helped to communicate and gain confidence
- ◆ 60 pupils at OK Music School
- ◆ 8 pupils passed ABRSM music exams
- ◆ 20 members of OK Youth Choir
- ◆ 2 Public Concerts
- ◆ 70 children at Music Club
- ◆ 35 children attended Poetry and Drumming Workshops
- ◆ 36 elderly people at Homelink Day Centre
- ◆ 20 adults with mental health issues
- ◆ 62 received individual or small group music therapy
- ◆ OKMT was one of the Mayor of LBRuT's Charities
- ◆ Friends of OKMT Scheme launched

The Trust remains in good shape financially, thanks to all the hard work of the management and fundraising team, volunteers and trustees. Over the full year 2019, OKMT raised £233,635 to support its activities.

During 2019, our long term India Project come to an end in mutual agreement with our sister charity, The Music Therapy Trust (India), and while our Founder, Dr Margaret Lobo continues her work with other projects in India, OKMT Trustees agreed to focus their responsibilities solely on work in South West London.

On behalf of the trustees we would like to thank all the supporters, donors, volunteers, staff, therapists for all of their hard work in supporting the Trust and making 2019 another successful year. Our special thanks to our retiring trustees John Grosse, our former Chair, for his many years of service to OKMT and to Rosemary Conway for their dedication to the board. We welcome new trustees Kamna Muralidharan, John Castelberg and Peter Hadfield.



Ron Miao *Chairman*

OKMT ACTIVITIES DURING 2019

The Otakar Kraus Music Trust (OKMT) was founded in 1991 by Dr Margaret Lobo. Its aim is to provide subsidised music therapy for people of all ages who have physical, psychological, behavioural or emotional difficulties, in order to improve their mental wellbeing and quality of life through creative and participatory music making, enabling them to reach their potential.

OKMT is based in the London Borough of Richmond upon Thames and is an independent, registered charity. In May 2019 OKMT legally transformed into a Charitable Incorporated Organisation No 1178401 governed by a Constitution, and managed by a Board of Trustees, who are elected and meet quarterly. The Trustees have developed services for the public benefit as per the guidance of the Charity Commission. The Trust provides bursaries for its clients who cannot afford its services. It receives no state funding and relies on organisations which provide charitable funding and donations. Fundraising events are held throughout the year.

In October 2019, we moved from our music therapy studio in the garden of our Founder in Twickenham. Our music therapy and OK Music School now take place at Hanworth Methodist Church, United Reformed Church, Newland House School and Stanley School in Twickenham. We also work in the community in partnership with local organisations, in schools and care homes.

All seven music therapists of the Trust hold a Master's Degree in Music Therapy and are members of the BAMT (British Association for Music Therapy) and HCPC (Health Care Professional Council). OKMT operates a published health and safety policy and a safeguarding policy.

During 2019 OKMT gave over 3,000 individual and group sessions for over 300 people.

Music Therapy

Music therapy is the clinical and evidence-based use of music interventions to accomplish individualised goals within a therapeutic relationship. It is particularly effective for those who find it difficult to communicate verbally because it does not rely on an ability to speak in order to be accessible.

In 2019 OKMT provided music therapy for individuals at our Studio and in the following care homes and schools:

United Response, London Care Partnership Ltd, Stanmore School, Pield Heath RC School and the Russell School.

Therapists also provided music therapy at the Triangle Centre in Hounslow and Roy Kinnear House.

Music therapy helps to improve:

- Confidence
- Emotional well-being
- Speech & Communication
- Social skills
- Cognitive skills
- Motor Skills

OK Music Club

Funded by BBC Children in Need and run in collaboration with Skylarks in East Twickenham, Music Club is weekly fun group music sessions for children with disabilities and their siblings aged four months to 12 years, using percussion, musical instruments and multi-sensory equipment to encourage creativity. 75 children attended and our feedback found



improvements in confidence, communication, ability to follow instructions and social interaction skills.

The Activity Station drumming workshops for adults with learning disabilities were led by Edison Carolino. These sessions held in Barnes on a Sunday each month were fully subscribed.

“G would not listen to music due to auditory sensitivities. Now he loves taking part in activities at Music Club”

Philip Wells Interactive Poetry Sessions were held throughout the year for pupils at OK Music School and their siblings thanks to grants from the Ironmongers' Company and the Jack Petchey Bronze award money.

Four **'Making Connections' Workshops** were held for children with Down's Syndrome in partnership with 21 & Co, with money raised by the Arts Society Kingston. The children loved making connections through the music and building confidence.

OK Music School

OK Music School uses specialist methods to develop the musical talent of children and young people with additional needs. Pupils are taught using the Improvisation Rhythm Performance (IRP) Technique, devised by our Music Director, Edison Carolino, which uses pictures and simple instructions to help children with cognitive difficulties to understand the basic principles of music making. The pupils gain confidence, communication and social skills, and love taking part in community events.

OK Music School continues to grow with 60 children attending in 2019 with the help of funding from Hampton Fund, Richmond



Parish Lands Charity, ArtSocial Foundation, The Garfield Weston Foundation, The Radcliffe Trust, the Axis Foundation, Jessie’s Fund, John Horniman’s Children’s Trust and DWF Foundation.



Concerts

Newer performers took part in our Summer concert in July at the United Reformed Church in Twickenham. The performers did themselves proud and enjoyed the party and disco afterwards. The Deputy Mayor, Councillor James Chard, attended and awarded Certificates to eight of our pupils who had passed music exams.

The OK Youth Choir is the only place my son can showcase his skills

The annual Christmas concert was held at the Hammond Theatre in Hampton once again in December with lovely individual performances and a rousing performance from the OK Music School band. We were delighted to be joined by three members of the Richmond Orchestra who played alongside our students and the Mayor of Richmond, Cllr Nancy Baldwin, who presented three pupils with their Jack Petchey Bronze Awards.



I feel more confident, and happy that my family are proud of what I am doing

OK Youth Choir

Grants from the D’Oyly Carte Charitable Trust and the Ironmongers’ Company enabled this project to continue. A choir in two age groups for children and young people with additional needs and their siblings met weekly.

The Choir took part in both our Summer concert singing The Greatest Showman and Hey Jude and our winter concert where they sang Silent Night and Walking in the Air. The children love singing together and making friends. Many thanks to Newland House School for providing a venue for the choir to meet.



OK Music Group

Our two groups for young people with mental health problems in Ealing and Hounslow came to an end in 2019. Thank you to Heathrow Community Fund for supporting these vital groups.

Together As One

Group music therapy sessions took place at Together As One drop-in centre for adults with mental health issues.



The group, funded by TAO and a grant from Clarks, helped clients to interact with others in the group and feel more relaxed.

Music Therapy Group at Homelink

A music therapy group for elderly people with memory or other difficulties was run in partnership with Homelink Day Respite Centre thanks to funding from Hampton Fund. 36 clients in small groups enjoyed sharing memories evoked by familiar music.

“We experienced something joyful together”



EVENTS IN 2019

On 25th January some of the OK Music Schools students performed at a **Hope & Mic** evening in East London with performances from Dr. Sidrah Mumtaha singing traditional songs from the Indian subcontinent, with takings coming to OKMT.

Huge thanks to **St Margaret's Catholic Church** who chose OKMT as one of their charities for their Lenten Project in 2019. We enjoyed the Fulham Big Band and a spectacular Argentinian BBQ. On 5th May a scrumptious cream tea with performances from the OK Music School pupils was held. A wonderful £5,600 was raised for OKMT during the Lenten Project.

OKMT had a stall at the **Annual Hands Fair** on Monday, 27th May. Besides the usual donated items, plants and cakes played a big part in raising £275.

On Sunday, 12th May, The Otakar Kraus Music Trust manned a stall at the **Richmond May Fair** to raise funds from donations and a human fruit machine. Blessed with beautiful weather and all hands to the fore brought fun for all.



Two OKMT Trustees and three parents ran the **ASICS/Virgin 10km** run in July. Many thanks to Kamna Muralidharan, Laura Plail, Colleen Beck, Navjote Madhok and Thomas Meyer for their efforts and for raising over £3200 for OKMT. Thank you also to Adobe who matched funds raised by Thomas Meyer.

Many thanks to Chris Lawrence who walked the **50K Thames Path Challenge** and raised over £3,000 for OKMT.

Our Chair, Ron Miao swam the **Rotary Swimathon** in Twickenham in September and raised more than £800 for OKMT.

Our Final event of the year was the wonderful **Mass Ukelele Busk** on 14th December at Waterloo Station. Organised by the London Ukelele Project, it raised £470 to benefit OKMT.





THE OTAKAR KRAUS MUSIC TRUST

OKMT Summary Financial Review - 2019

The Otakar Kraus Music Trust legally transformed into a Charitable Incorporated Organisation (CIO) on the 1st May 2019. The following annualised summary of 2019 is based on extractions from the four months Trust period and eight months CIO period for 2019. The certified full accounts for both the Trust period to 30/04/2019 and the CIO period ending 31/12/2019 are filed as part of our Annual Return to the Charity Commission and are on display via our website. This annualised view enables year on year comparatives.

OKMT as a CIO continues to develop our accounting policies, e.g. in 2019 - bringing in our Tangible Assets at valuation/cost and we now recognise full accrual reporting in line with recommended accounting standards (SORP FRS102) within the respective 2019 accounts. OKMT had another successful calendar year in 2019 and we manage our costs to help maximise our charitable activities. Our expenditure shows 93.5% of our costs were spent on Direct and attributable support of our Charitable aims with just spent 6.5% on Fundraising activity.

Future Plans

Reserves at the end of 2019 are healthy and are building to cover up to six months of current operations - aided by bringing in the Tangible music assets. The outlook for 2020 in terms of charitable activities is supported by a planned programme of restricted funding applications and grants. However we are conscious that in the current Covid-19 climate and with the need to find a permanent Studio facility in the future, OKMT will need to work consistently hard to fund core operations costs. The Trustees have recognised the financial requirements of sourcing a new studio and maintain a £15K designated fund to support this purpose.

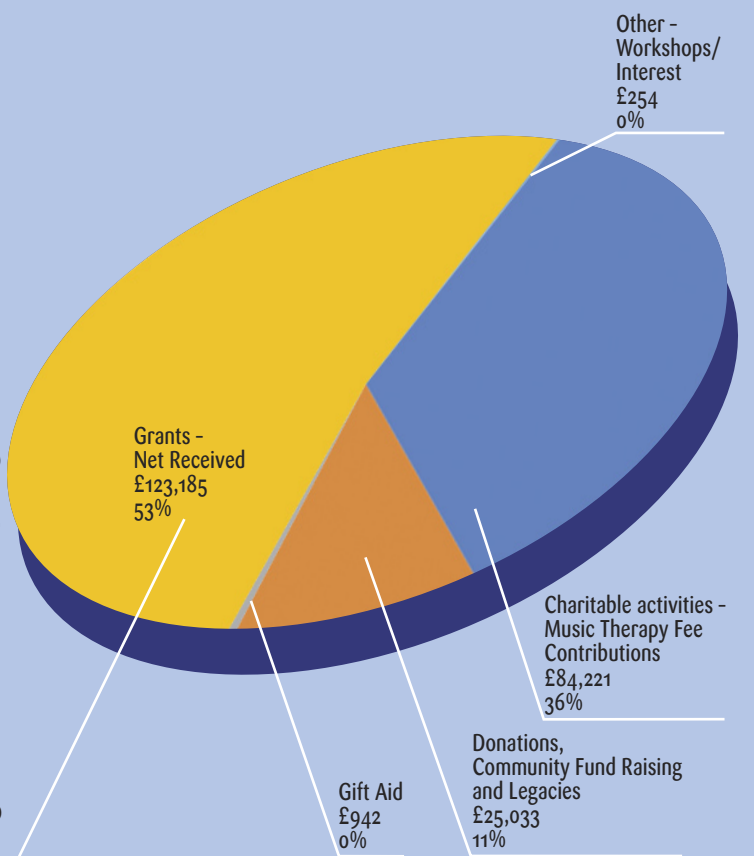
OKMT	Statement of Financial Activities Annualised 2019			
Incoming resources				
Income - How OKMT raises funds	Unrestricted funds	Restricted income funds	Annualised total funds	Prior year funds
	£	£	2019 £	2018 £
Donations, Community Fundraising and Legacies	25,033	-	25,033	26,105
Gift Aid	942	-	942	3,425
Grants - Net Received	-	123,185	123,185	146,284
Charitable Activities - Music Therapy Fee Contributions	80,644	3,577	84,221	104,973
Other Trading Activities - IRP Workshop	-	-	-	230
Investments	254	-	254	371
Total Income	106,873	126,762	233,635	281,388
Resources expended				
Expenditure - How OKMT spends funds raised				
Fundraising				
Raising Funds - Agency Fundraiser	856	-	856	3,960
Raising Funds - OKMT Fundraising and Marketing	9,568	4,591	14,159	12,257
Total expenditure on Raising Funds	10,424	4,591	15,015	16,217
Direct Charitable Activities				
Professional Music Therapist Fees and Expenses	40,148	84,986	125,134	155,909
Training and Workshops	-	750	750	2,397
Musical Equipment	-	1,602	1,602	890
Premises Hire - OKMT Outreach Projects including Q4 HWMC	-	4,434	4,434	1,983
Old Music Studio - Rental, Utilities and Maintenance (3TW)	5,244	333	5,577	11,700
New Main Studio (HWMC) move and relocation	2,881	-	2,881	-
New Premises Project (MHPC)	3,000	-	3,000	3,000
Bursary Fees and Provisions	2,885	-	2,885	4,930
Just Giving Fee	312	-	312	222
Event, Printing and Reproduction	2,741	-	2,741	2,227
Total expenditure on Charitable Activities	57,211	92,105	149,316	183,258
Supporting Charitable Activities				
OKMT Director	10,536	24,653	35,189	32,564
Administration	12,603	4,716	17,319	19,002
Office Expenses and Equipment	1,417	-	1,417	1,229
Accounting - Outsourced Bureau	8,088	-	8,088	7,537
Insurances	886	-	886	897
Other Expenses	2,118	697	2,815	-
Bank Charges	288	-	288	396
Depreciation - Tangible assets	624	-	624	586
Total expenditure on Supporting Charitable Activities	36,560	30,066	66,626	62,211
Total expenditure	104,195	126,762	230,957	261,686
Net income for the Year	2,678	-	2,678	19,702

	Unrestricted funds £	Restricted income funds £	Annualised total this year 2019 £	Total last year 2018 £
Fixed Assets				
Tangible Fixed Assets	10,011	-	10,011	10,122
Current Assets				
Debtors	23,888	-	23,888	31,012
Cash at bank and in hand	97,979	74,436	172,415	163,137
<i>Total current assets</i>	121,867	74,436	196,303	194,149
Creditors				
amounts falling due within one year	11,255	-	11,255	16,213
<i>Net current assets</i>	110,612	74,436	185,048	177,936
Total net assets	120,623	74,436	195,059	188,058
Funds of the Charity				
Restricted income funds	-	74,436	74,436	70,937
Designated Funds	15,000	-	15,000	15,000
Unrestricted funds	105,623	-	105,623	102,121
Total Funds	120,623	74,436	195,059	188,058

Balance Sheet Note - Tangible Fixed Assets have been recorded in the accounts as a Prior Year Adjustment in 2018 having an effect of adding £10,122 to the unrestricted funds pot. The Trustees believed that they needed to incorporate and value certain key assets (eg our donated Grand Piano), so as to record and ensure governance and security of key assets dispersed across our multiple community facilities.

OKMT - Annualised Net Grants Received

	2019 Full Grant £	2019 Net Spend £
Grants Received in 2017 - 2018 B/fwd to 2019		31,765
Grants Received in Q4 2018 - prepaid for 2019		
Anton Jurgens Charitable Trust	2,000	2,000
Heathrow Community Fund	3,560	3,560
Stephen Clark Charitable Trust	1,000	1,000
Richmond Parish Lands Charity - Core	10,000	10,000
Grants Received in 2019		
ArtSocial Foundation	22,400	11,680
Axis Foundation	7,950	4,320
BBC Children in Need	12,137	10,804
Clarks - TAO	1,700	1,700
DWF Foundation	1,300	360
Hampton Fund	15,000	15,000
Hampton Fund - for Homelink	5,500	1,500
Heathrow Community Fund	396	0
The Ironmongers' Company	4,300	1,260
Jack Petchey Foundation	750	750
Jessie's Fund	4,000	4,000
John Horniman's Children's Trust	3,000	1,845
The Gannett Foundation	790	213
Richmond Parish Lands Charity	5,830	1,705
The D'Oyly Carte Charitable Trust	3,700	3,030
The Garfield Weston Foundation	10,000	4,093
The National Lottery - Awards For All	9,800	9,800
Together As One	1,300	1,300
Together As One - Thames Path Challenge	2,918	500
Tesco - Bags For Life (Groundwork)	1,000	1,000
Grants Total - Net Received 2019	130,330	123,185



Friends of OKMT

We were delighted to re-launch our Friends of OKMT Scheme to ask people to become regular donors to OKMT and receive special updates and invitations to events in return. We would like to thank Lord and Lady Lee of Trafford who made a generous donation and who have agreed to become Ambassadors for the scheme.

OKMT Chosen as Mayor's Charity

The Otakar Kraus Music Trust was one of two charities chosen by the Mayor of the London Borough of Richmond upon Thames, Cllr Nancy Baldwin to benefit from fundraising events during her year in office. Her launch reception was held at York House in July.



Several events were held throughout the year including a Glitz and Glamour Quiz, Thanksgiving Dinner and a collection at the Exchange Twickenham Pantomime. At New Year, Richmond Borough won 2nd prize in the Boroughs' Competition in the London New Year's Day Parade. Three of our OK Music School students were able to join the Mayor on the carriage adorned with poppies and had an amazing day out.

Events continued into 2020 with a Valentine's Day afternoon and a wonderful St Patrick's Day Dinner Dance organised by the Richmond Irish Network. Many thanks from all at OKMT to Councillor Nancy Baldwin for her incredible energy and wonderful support of OKMT during her time as Mayor.



Funders and Supporters 2019

- Hampton Fund
- Richmond Parish Lands Charity
- BBC Children in Need
- National Lottery Awards for All
- ArtSocial Foundation
- The D'Oyly Carte Charitable Trust
- The Garfield Weston Foundation
- The Ironmongers' Company
- Anton Jurgens Charitable Trust
- Jessie's Fund
- John Horniman's Children's Trust
- Jack Petchey Foundation
- Axis Foundation
- DWF Foundation
- Together-As-One
- Tesco Bags For Life
- The Gannett Foundation
- Clarks
- Nordic Entertainment Group
- Vocality Choir, Whitton Choir
- St Margaret's Catholic Church
- Lord and Lady Lee of Trafford
- Province of Middlesex Masons
- Arts Society Kingston

OKMT Trustees serving during 2019

- Ronald Miao Chair
Raymond Collins Treasurer
Edward Boamah
Jill Clark
Laura Clayton Plail
Kamna Muralidharan
John Castelberg
Peter Hadfield
John Grosse *resigned*
Rosemary Conway *resigned*

Staff

- Clare Lawrence Director
Valerie Roy Fundraising Manager
Cheryl Valland Administrator
Mercedes Bianchin Music School Co-ordinator

Therapists

- Edison Carolino Music Director
Carmem Coles Niamh Owens
Elliot Little Lydia Jenkins
Gemma Lenton-Smith Margaret Nicholson
Laura Pearce Sophie Crawford
Tom Campion

